

Petra Prayer Guide



When we began praying over 14 years ago, there were several scriptures that were foundational to our time together seeking the heart of God for our families. These include:

“Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven. For where two or three are gathered together in My name, I am there in the midst of them.” Matthew 18:19-20 NKJV

Philippians 4:6 tells us (paraphrased), *Do not be anxious about anything, but...*

*Pray about
Everything with
Thanksgiving let your
Requests be made known to
Almighty God.*

So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God, built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure, being joined together, grows into a holy temple in the Lord. In him you also are being built together into a dwelling place for God by the Spirit. Ephesians 2:19-22 ESV

A Petra prayer group is two parents joining to cover their family in prayer. We have found several “rules” required to maintain the integrity of the group.

- ◆ **What is said in Petra - Stays in Petra.** Do not share or repeat any of the prayer requests spoken. This maintains an atmosphere of transparency and allows each member to share their heart openly.
- ◆ **Pray Christ-like attributes.** Choose an attribute from scripture to pray over the members of your family. A few suggestions can be found in Galatians 5:22-23 and Colossians 3:12.
- ◆ **Be Positive.** Focus your prayer requests on what you would like God to add instead of negative items to remove. Growth comes through adversity. *And we know that all things work together for good to those who love God, to those who are called according to His purpose. Romans 8:28 NKJV* By praying for positive attributes, you glorify the Father’s work while avoiding complaining or giving attention to the evil one’s actions.
- ◆ **Results are the LORD’s.** When we pray, we take our burdens to the LORD, trust that He is in control, and then get out of the way. This takes practice, but prayer is an act of relinquishing control over a situation. The more you practice “letting go,” the more you will enjoy watching your God at work in the situation.
- ◆ **All agree on Theology.** Everyone does not have to be of the same denomination, but all must agree on the basic statements of faith. See the Statements of Faith on our website at www.Circle2Plus.com.

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Lord, teach us to pray (Luke 11:1)... Think of a phone conversation with a beloved friend.

First, prepare. Before you come together to pray, choose an attribute for the week and choose a verse of scripture to highlight that attribute. Write the verse on a note card and keep it with you during the week, referring to it during personal pray times and when concerns are brought to mind.

ADORATION:

First, you answer and acknowledge who you are speaking with. This is a few sentences expressing admiration, worship and praise for the Creator. Example:

Holy, Father God, You are good. You are the Alph and Omega, Beginning and End. All power, knowledge and understanding are Yours. You created the world and all that is in it. You loved me and have rescued me by Your mighty, right hand.

CONFESSION:

In order for there to be a good conversation between two friends, any offenses or hurtful feelings must be resolved. This is a time of silence to allow complete repentance and the elimination of barriers between your heart and God's. A simple statement can be made to determine this part of the prayer time. Example:

Lord, please hear our silent prayers of confession.

THANKSGIVING:

The next portion in your phone conversation is gratitude. You are thankful that your friend has called and you express the importance of your love for them. Example:

Thank you LORD for all things. I am grateful that Your gift of salvation and I know Your love that never fails. Every good thing in my life is a gift from Your hands. Thank you for my family, my friends that faithfully pray with and for me, my community, our country...

SUPPLICATION:

During this section, each friend is able to express their desires which was the purpose of the call. Begin by reading the verse chosen for the week and insert the name of your family member into the verse as you pray for this attribute to be manifested in your family.

Example:

Father, please help _____ be completely humble and gentle; be patient, bearing with one another in love (Ephesians 4:2). May you help him/her to demonstrate this love to her family and classmates in order to bring glory and honor to Your Name....

We suggest that prayer partners state one request for their spouse, themselves and one child each week. Make a sincere effort to keep prayer requests and supplications concise and focused. Being too lengthy during this section will extend the prayer time past the one hour time limit to be respectful of everyone's time and schedules.

The moms of Circle 2 Plus are always here for you, to encourage you, provide suggestions and to pray for you and your family. Reach out to us. You can email us at Circle2Plus@gmail.com.